

Support for Survivors of Suicide Loss



With every suicide death, family, friends and colleagues are left behind to make sense of the loss. The American Foundation for Suicide Prevention provides support for survivors of suicide loss by offering programs and resources for healing and connection.

Following a Loss

Healing Conversations

Healing Conversations gives those who have lost someone to suicide the opportunity to talk with our experienced volunteers, who are themselves survivors of suicide loss.

International Survivors of Suicide Loss Day

Each year, AFSP supports hundreds of Survivor Day events around the world, in which suicide loss survivors come together to find connection, understanding and hope.

Support Group Listings

AFSP provides listings for hundreds of suicide loss survivor support groups in the U.S. and Canada.

Memory Quilts

The Memory Quilt Program allows suicide loss survivors to honor their loved ones by creating a commemorative physical or digital quilt square.

Long Term Survivors of Suicide Loss Summit

This is the only conference of its kind, best suited for long-term loss survivors who have found healthy ways to integrate the experience of losing a loved one to suicide into their lives. The every other year conference features workshops, expert-led discussions, and social activities exploring how grief evolves over time.

Children, Teens and Suicide Loss

Written in partnership with The Dougy Center, The National Center for Grieving Children & Families, this booklet provides guidance on how to provide support for young loss survivors.

Supporting Others

After a Suicide: A Toolkit for Schools

Created in partnership with the Suicide Prevention Resource Center, this newly revised toolkit offers best practices for schools that have experienced a suicide death.

Support Group Facilitator Trainings

Experienced trainers prepare participants to run effective peer-to-peer suicide loss support groups for adults or children and teens.

Suicide Bereavement Clinician Training

This workshop gives clinical professionals insight and tools to meet the specific needs of suicide loss survivors.

After a Suicide: A Toolkit for Medical Schools

This practical handbook provides guidance for hospital and program leaders in the event of a trainee's death by suicide.

